

URUHEREREKANE RW'UMUTEKANO WAWU



Gusobanukirwa n'ibwo ubwishingizi mu buvuzi bwawe bwishyura

Dushobora kugufasha gusobanukirwa n'ibyo wemerewe n'uburyo bwiza bukubereye



Iga gucunga umutungo wawe neza

Guma ukora ibikorwa

Amashuri yacu atoza imyitozo ngororamubiri ku bageze mu za bukuru yagufasha kongera imbaraga zikurinda kugwa no kuvunika.



Kubona amafunguro afite intungamubiri

Binyujijwe muri gahunda zacu z'ibiribwa, ushobora guhabwa ibiribwa bifite intunaamubiri



Habwa ubufasha mu bijyanye no gutuma inzu yawe ishyuha, ibiribwa, cyangwa kwishyura fagitire z'ubuvuzi

Inzobere zacu mubijyanye n'ubufasha zishobora kugufasha gusaba ubufasha butandukanye

Ese waba uzi ibyemererwe abantu bageze mu za bukuru cyangwa abageze mu za bukuru bafite ubumuga?

Abakozi n'abakorerabushake ba Southern Maine Agency on Aging bashobora kuguha n'ubufasha cyangwa serivisi bitangwa mu gace utuyemo mu rwego rwo kugufasha kubaho neza.

Tubyita Uruhererekane rw'umutekano wawe.

DORE IBYO ARI BYO:

**Ntabwo tukwizeza ko umerererwa guhabwa serivisi zitangwa. Guhabwa ubufasha bishingira ku miterere y'ubuhunzu, amafaranga winjiza n'ibikenewe.*

Ni gute watubona?

Niba ushobora kuvuga icyongereza:
Duhamagare: 207-396-6500 cyangwa
utwandikire kuri imeyili info@smaa.org

Niba ukeneye ubufasha bw'umusemuze, baza uwo mu muryango wawe, inshuti, cyangwa ibigo biri aho utuye bikorana n'abatavuga ururimi rw'icyongereza.